JUVALIFE

JuLi Registry[®] Product and Dosing Guide for Chronic Pain

1. Using the chart below select a desired consumption method and confirm that product is available in your area.

2. Order the product. Details on how to obtain the products are included in the chart. If you need assistance, call Juva at (669) 696-JUVA (5882).

3. Once you receive the product.

It is recommended that you start with the first dosing recommendation.

- If, after one week, the first dosing recommendation is not working, move to the second dosing recommendation.
- Similarly, if, after one week, the second dosing recommendation is not working, move to the third dosing recommendation.

If the initial product selection doesn't work:

- If your initial product selection isn't working, select another consumption method and progress through those dosing recommendations using the corresponding product.
- If none of these products/doses work, please contact your medical provider or call Juva for a product consultation at (669) 696-JUVA (5882).

These products were selected and organized by symptom based on currently available information. Each of us has our own endocannabinoid system and individual responses may differ. We encourage you to be patient and try the different doses and products recommended here to manage your symptom.

REMEMBER:

- **Cive** any selected product a few days to a week to work before changing dosing or products.
- **Take** your first survey once you have product in hand.
- **Track** your product use within the Strainprint app!

If you haven't downloaded the Strainprint app yet, please revisit the **"Welcome to Strainprint"** email you received to download the app and find your username and password. Check your spam/ junk folder if you don't see the email in your inbox.

| Availability | Consumption Method | Product Name | Dosing Recommendations Initial Dose Titrated 3rd Dose Titrated 3rd Dose | | | Where To Purchase: |
|--|---|---|---|--|--|---|
| CBD – Nationwide | Gummies | Wyld Fruit Infused CBD + CBG Gummies | 1 gummy 2x daily (20mg CBD: 10mg CBG/dose) | 2 gummies 2x daily (40mg CBD: 20mg CBG/dose) | 3 gummies 2x daily (60mg CBD: 30mg CBG/dose) | https://wyldcbd.com/products/pear |
| CBD – Nationwide | Capsules | San Benito CBD Capsules | 1 cap 2x daily (50mg/dose) | 2 caps 2x daily (100mg/dose) | 3 caps 2x daily (150mg/dose) | https://www.sanbenitohemp.com |
| THC – Dependent on State and Local Laws | Tablets | LEVEL Protab + Recover | 1 tab 2x daily (10mg THCa/dose) | 2 tabs 2x daily (20mg THCa/dose) | 3 tabs 2x daily (30mg THCa/dose) | https://levelexperience.com/products/ thca-protab/ |
| THC – Dependent on State Laws | Vaporizer Pen (Battery sold separately) | Care By Design 2:1 Vape Cartridge | 1 inhalation every 2 hours as needed (approx. 2.5mg/inhalation) | 2 inhalations every 2 hours as needed (approx. 5mg/inhalation) | 3 inhalations every 2 hours (approx. 7.5mg/ inhalation) (can increase up to 6 inhalations every 2 hours for a total of 15 mg) | https://www.cbd.org/product/ 21-vape-cartridge-05-gram |

Symptom: Chronic Pain

If you are new to CBD, we recommend starting with the Wyld Gummy product. You may even start by cutting the gummy in half.

If you have selected a tablet as your product of choice, you may also start by cutting the tablet in half.